

# Health & Safety Information

## For Students in Teaching Laboratories



Working with or around teaching animals and animal wastes can expose students to health and safety risks. The most common risk is the development or worsening of allergies to animals. Another less common risk is the transmission of infection from an animal to a human (zoonosis), but this is uncommon in the teaching laboratory environment.

If you have known allergy to the animal species in this class or if you have other health concerns about working around animals, prior to any exposure, you should be evaluated at Student Health Services to determine any need for protective measures.



Allergy symptoms may include any or all of the following: **Sneezing, runny or stuffy nose, itchy or watery eyes, cough, shortness of breath or skin rash.**

If you suspect you may be experiencing allergy symptoms or other health effects related to animal exposure, contact Student Health Services at (858) 534-3300. They are located on Library Walk, west of the Price Center, south of Geisel Library. Hours of operation are 8:00 a.m. to 4:30 p.m., Monday - Friday web address is <http://studenthealth.ucsd.edu>

**AFTER HOURS OR FOR MEDICAL EMERGENCIES: go to Thornton Hospital Emergency Room (east campus), Phone: 858-657-7600.**

### SAFE PRACTICES WHEN WORKING WITH TEACHING ANIMALS

- Wear gloves, lab coat, safety glasses when in a lab and while working with animals.
- Know how to properly handle the animal species you work with.
- Observe and obey all room signage.
- Wash any animal bite or scratch immediately with disinfectant soap, and notify the instructor.
- Seek proper medical attention following any injury or accident.
- Use general cleanliness practices, wash hands frequently and after working with animals.
- Do not eat, chew gum or tobacco, drink, store food, apply cosmetics, or smoke in any laboratory or animal facility.

