Effective Disinfectants

For non-porous surfaces, diluted household bleach solutions and alcohol solutions with at least 70% alcohol are known to be effective. Use the Environmental Protection Agency’s (EPA) registered product database below. Be sure to follow the manufacturer’s instructions for proper disinfection and safe handling. Use disinfectants in well-ventilated areas.

For approved disinfectants effective against coronavirus, please visit: https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

If using EPA approved disinfectants:
1. Pre-wash nonporous surfaces (doorknobs, counters, sinks, toilets, etc.).
2. Wipe the surface with the EPA approved disinfectant. Allow proper contact time as directed on product label.
3. Wipe surface dry.
Preventing the Spread of Illness
✓ Wash hands often and as needed, including:
  ✓ After blowing one’s nose, coughing or sneezing
  ✓ After using the bathroom
  ✓ Before eating or preparing food
  ✓ After contact with animals or pets
✓ If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
✓ Avoid touching eyes, nose, or mouth with unwashed hands.
✓ Clean and disinfect frequently touched surfaces.
✓ If you are sick, stay home and keep your distance from others to protect them from getting sick too.
✓ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
✓ Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

Handwashing Procedures
Practice proper handwashing by washing hands and arms with soap and warm water for at least 20 seconds; thoroughly rinse with clean running water and properly dry hands and arms. Ensure handwashing signs are posted in the appropriate locations.

Additional Resources
- UC San Diego COVID-19 Updates: https://coronavirus.ucsd.edu/
- County of San Diego COVID-19 Updates: https://www.coronavirus-sd.com
- Additional disinfection guidance from the CDC can be found here: https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html