

Injuries can happen anytime and anywhere.

Departments must provide first-aid supplies to meet the hazards of the workplace
— EH&S will only provide kits for UCSD research labs.

At a minimum, we recommend these items in your first-aid kit:



- Plastic Bandage - 3/4" x 3" (x30)
- Plastic Bandage - 1" x 3" (x50)
- Plastic Bandage - 3/8" x 1 3/4" (x20)
- Knuckle Bandage (x3)
- Butterfly Closure (x3)
- Fingertip Bandage (x3)
- Eye pad
- Triangular Bandage
- Gauze Pad 2 Pack - 4" x 4" (x4)
- Gauze Pad 2 Pack - 3" x 3" (x4)
- Gauze Pad 2 Pack - 2" x 2" (x4)
- Rolled Gauze - 2"
- Gauze Trauma Pad - 5" x 9"
- Alcohol Cleansing Pad (x30)
- Antiseptic Towelette (x20)
- Cotton Swab (x20)
- Adhesive Tape Roll (x2)
- Finger Splints (x4)
- Elastic Bandage - 2"
- Instant Cold Pack - 5" x 6"
- Burn / First-Aid Cream (x10)
- Sting Relief Pads (x10)
- Tweezers
- Examination Gloves - Bagged (x4)
- First-Aid Guide

Personal first-aid kits are also recommended for your home, car and boat.

For more information contact emergency@ucsd.edu



UC San Diego
Environment, Health and Safety