# COVID-19 Field Protocol
## Worksite Planning Checklist

<table>
<thead>
<tr>
<th>Department/Group/Project:</th>
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<tbody>
<tr>
<td>Field Team Leader Name, Phone, Email:</td>
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<tr>
<td>PI/Supervisor Name, Phone, Email:</td>
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<tr>
<td>Worksite Location(s):</td>
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<tr>
<td><strong>Institutional Review &amp; Approvals:</strong></td>
</tr>
<tr>
<td>☐ VC Research Office (see <a href="#">Field Research Continuity Request Form</a> for approval during Shelter-in-Place order)</td>
</tr>
<tr>
<td>☐ Register travel &gt; 100 miles via UC Away: <a href="https://ehs.ucop.edu/away/#">https://ehs.ucop.edu/away/#</a>; for international travel follow process at <a href="https://coronavirus.ucsd.edu/resources-for/travelers">https://coronavirus.ucsd.edu/resources-for/travelers</a></td>
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<tr>
<td>☐ Project-specific (reserve manager, partner agency, dive control board, etc.):</td>
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<tr>
<td>☐ Other:</td>
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### Required Training/Safety Brief:
Along with discussing work goals and plans, review safe work practices identified in this checklist with all participants.

- Maintaining social distancing from one another, equipment handling, disinfection procedures, signs/symptoms of COVID-19, communication options in the field, check in procedures, and emergency procedures.
- Team members should have dedicated PPE, provisions, and supplies, if feasible, to minimize sharing.
- Team members have the right to refuse participation without fear of penalty if they feel conditions are unsafe.
- Each team member should be asymptomatic for at least two weeks prior to fieldwork and will not participate should they feel ill or have reasonable cause to believe they have been exposed to COVID-19.
- Maintain reliable communication to receive updates or get assistance; maintain a frequent check-in schedule.
- Remain aware of local public health requirements and campus policies regarding COVID-19.
- Review responsible conduct in the field, community; minimize contact with the public during the pandemic.
- Maintain flexibility to alter plans at any time, self-isolate, or return home.
- Follow campus reporting protocol, if you, a colleague, or an immediate family member tests positive.

### Continuity Planning:
- Utilize video meetings for training, planning, and discussion, when possible, to minimize in-person interactions.
- Cross-train multiple people on critical tasks; document protocols in detail.
- Discuss how to prioritize the most time-critical tasks, if team members are unable to work.
- Consider dividing into smaller field teams that will work separately from other teams for the season.

### Transportation to Worksite:
- Avoid public transportation.
- Meet at the worksite (each team member should have their own field vehicle).
- Depending on the history of the vehicle, all common areas should be wiped with a disinfectant prior to and upon completion of field transportation for the day.
- Other precautions:

### Provisions:
- Each team member should be responsible for their own field provisions for the day.
- Water, food, snacks, etc., should all be prepared and brought from home, if possible.
- Each team member should have at least two gallons of drinking water available per workday.
- If coolers are used, each team member should have their own designated cooler.
- Stops to make purchases in the field should be kept to a minimum in order to lessen contact with the public.
- For overnight trips, ensure extra lodging is available to maintain social distancing, ie. single rooms, single tents.
- Other precautions:

### Fueling Vehicles/Service Stops:
- Maintain social distancing from anybody at the fuel location, store, etc.
- Be cognizant of what you touch at any service stations, stores, etc.
- Use disinfecting wipes on handles or buttons before you touch them; or single-use towels as a barrier.
- Use hand sanitizer prior to re-entering your vehicle.
- Other precautions:
General Safe Practices:
- Maintain social distancing of at least 6 feet, whenever feasible.
- Keep from touching face (specifically eyes, mouth and nose); follow CDC guidance to Prevent Getting Sick.
- Wear a face cover in common areas, while in proximity to others; follow local public health requirements.
- Wash hands with soap and water frequently for at least 20 seconds.
- Use hand sanitizer when soap and water are not available.
- Cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow. Throw used tissues in the trash and immediately wash your hands.
- Clean and disinfect frequently touched surfaces.
- If cough develops, wear a face cover to prevent spread via saliva droplets; return home.

Supplies, Cleaning, & Disinfection: Shared surfaces, equipment and gear should be cleaned, disinfected and dried before use. Any disinfecting product used should be on the EPA List-N, e.g. Clorox disinfecting wipes, Lysol multi-surface cleaner, Envirocleanse-A, Peroxide Multisurface Cleaner & Disinfectant
- Hand soap
- Hand sanitizer (> 60% alcohol)
- Single-use paper towels
- Disposable nitrile gloves
- Disinfectant:
- Tissues
- Extra face covers
- Carry a thermometer in your first aid kit
- Personal water bottles
- Other:

Emergency Procedures: List participants or attach roster; all team members must be able to provide clear and precise directions to the worksite. Cell phone service available. If no cell service, describe communication plan and check-in procedures; or attach project field operational planner and map to nearest hospital.

Notes:

Wrap Up:
- Clean & disinfect all shared equipment, touched surfaces.
- Bag up used supplies; return to field office or campus for disposable, if possible.
- Debrief with all participants.

Reference: Signs and Symptoms of COVID-19 (per HR & CDC May 2020)
Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19 and should stay home, monitor symptoms, and call their medical provider:
- Cough
- Sore throat
- Fever or chills
- Fatigue
- Muscle pain
- Shortness of breath or difficult breathing

Seek emergency medical care immediately:
- Trouble breathing
- New confusion
- Bluish lips or face
- Persistent pain or pressure in the chest
- Inability to wake or stay awake

Campus Resources
Emergency Medical Response: 911
Campus Police Non-Emergency Number: 1-858-534-HELP (4357)
UC San Diego COVID-19 Updates: https://coronavirus.ucsd.edu
UC San Diego Center for Occupational & Environmental Medicine Clinic: 1-619-471-9210 or 1-858-657-1600
Office of Environment, Health & Safety (EH&S): http://ehs.ucsd.edu/ or 1-858-534-3660
UC San Diego Field Operations Planner Resources: http://blink.ucsd.edu/go/fieldsafety
UC Travel Insurance 24/7 Assistance: 1-800-527-0218 or assistance@uhcglobal.com