COVID-19 Visitor Restrictions

At UC San Diego Health, we believe families are an important part of the healing process. However, due to the outbreak of COVID-19 (novel coronavirus), we must take extra steps to protect our patients, staff, visitors and community. As a result, all routine visitation is suspended until the transmission of COVID-19 is no longer a threat.

We encourage people to stay connected to their loved ones through electronic means such as phone, Skype, FaceTime, and WhatsApp.

Visitor Screening

Upon entrance to any UC San Diego Health facility, all visitors will be asked if they are experiencing the following symptoms:

- Fever
- New cough
- New shortness of breath
- Loss of smell or taste

The following are restricted from visiting any areas:

- Children 12 and under (unless they are a patient)
- Those with a fever or COVID-19 symptoms (under visitor screening)
- Anyone who has had contact with a person who is diagnosed with COVID-19 or pending testing

Exceptions to Visitation Restrictions

We recognize that there are times when having a visitor is crucial to our mission of delivering exceptional care. In these cases, visitors may be allowed based on the exceptions below.

Clinic Waiting Room and Exam Rooms

- Patients with behavioral issues, developmental delays, or altered mental status where a caregiver provides safety or comfort, may have one visitor
- Minors under age 18 may have one accompanying support person
- Only patients with appointments are permitted into waiting areas, treatment areas, or examination rooms (except for patients restricted above).
- ADA service animals may accompany visitors and patients.

In all cases, visitors may leave the patient’s room only to utilize the restroom or obtain food from the cafeteria. If visitors go to the cafeteria to get food, they must return to the patient’s room with the food. Otherwise, visitors should remain in the patient’s room. Once a visitor ends their visit and exits the room, they must immediately leave the medical facility.