2022 UC MOVES CHALLENGE

REGISTRATION Opens May 2 • CHALLENGE Runs May 6 -27

Move More This May. Represent your UC location in the 2022 systemwide movement and activity challenge.

Join our team to represent us in the UC Moves Challenge. Spots are limited.

Your goal is to move 5,000 steps/day during this interactive challenge along the California coastline.

Register starting May 2 at ucmoves.walkertracker.com

For more information about UC San Diego Health and Wellness programs, visit blink.ucsd.edu/HR/services/support/health/ or ucsdhswellness.blogspot.com.