UC Learning Workshops

❖ Retirement Counseling

Sign up for a 90-minute retirement counseling session facilitated by a Senior Benefits Analyst. The following topics will be covered:

- **Insurance Continuation Checklist** - Introduction to Retiree Health Benefits and Required Forms.
- Sessions will be held on July 13 & Oct. 12 (Spanish) at 2:00 p.m.

❖ Your Loved One’s Estate must go through Probate

- This workshop discusses what probate is and what is involved.
- Session will be held on July 7 at 11:30 a.m. Click here to enroll.

Introducing Retire Me Online

Retiring is one of the most important decisions you will make during your UC career. It requires planning ahead and ensuring that you have a sound understanding of your options (UCRP Pension, Supplemental retirement vehicles, Retiree Health benefits, etc.).

- To estimate your UCRP pension benefit, please log into UCRAYS.
- For a deeper dive into your options, you may schedule a one-on-one counseling meeting with a Sr. Benefits Analyst.
- Once you are ready to start the process (ideally 3 months before your target retirement date), you can initiate your retirement online via UCRAYS.
  - Visit Blink “Begin the Retirement Process” for guidance on the new online steps and system functionalities.

** Completing your retirement application online is quick, easy and convenient! **
Your Personalized Retirement Review

UC employees can now check out their 2021 Retirement Review online. This personalized review captures your expected monthly retirement income from UC sources, including the UC Retirement Plan (pension) and UC Retirement Savings Program accounts (403(b), 457(b) and DC plans).

Steps to Take:

- Log into Fidelity microsite
  - Your Retirement Readiness Score will capture your expected retirement income as a percentage of current pay.
- Watch a video to see how can improve your Readiness Score.
  - Learn how to use the modeler tool to see how additional savings could help you reach your retirement income goals.
- Don’t wait to make a change – The sooner you boost your savings, the sooner you will see results.
  - Once you’ve identified opportunities to improve your readiness, make changes to your account.

For additional questions, please contact Fidelity Retirement Services. You may also take advantage of an individual financial planning session for assistance with planning for retirement, guidance on investing, etc.

Reinstatement of Telehealth Co-Pay – UC Blue & Gold HMO (Health Net)

Health Net has reinstated the $20 copay for all medical and behavioral telehealth visits on June 1, 2021.

*(Health Net waived copays for medical and behavioral telehealth visits obtained through their participating providers in response to the COVID-19 state of emergency.)*

Member cost share for Babylon telehealth visits will remain at $0 copay. Member cost-share for COVID-19 testing and screening will also continue at $0 copay.

*Babylon is Health Net’s Telehealth provider.*
Free Emotional Health Support App

MyStrength’s interactive app and website deliver evidence-based, personalized programs for managing depression and anxiety, reducing stress, improving sleep and more.

The app is free for staff through your UC healthcare provider (UC Anthem, Health Net or Kaiser).

Follow these instructions to sign up for the myStrength app.

Paid Family Care and Bonding (PFCB)

Last year, in a milestone for UC, the Council of Chancellors unanimously approved a recommendation for a new program providing pay for UC employees who take leave from work for family care and bonding. Paid Family Care and Bonding became effective July 1, 2021.

- PFCB is available for approved FML:
  - Care for eligible family member with a serious health condition
  - Bonding with a new child
  - Military Caregiver Leave
  - Qualifying Exigency Leaves

- PFCB is available for up to 8 workweeks per calendar year.
- Eligible employees can receive up to 70% of their eligible earnings.
- UC will continue to pay its portion of benefits premium.

For more information, please visit UCnet or email: employeerelations@ucsd.edu
Introducing UC Adoption Assistance Plan – New!

Effective July 1, 2021 UC is introducing a new Adoption Assistance Program. This new benefit provides financial support for faculty and staff who wish to adopt a child, up to $5,000 per adoption.

This new plan advances UC’s goal to offer more family-friendly benefits in conjunction with the new Pay for Family Care and Bonding program.

Eligibility: Employees eligible for CORE, Mid-Level and Full Benefits are eligible and automatically enrolled in the plan.

How the Plan Works:
- Eligible Employees pay out-of-pocket for their adoption expenses.
- Claims should then be submitted to the vendor (WEX) for reimbursement after the adoption is legally finalized.
- Coverage includes domestic and international adoptions.

Plan Limitations:
- Child must be under 18 years of age – unless physically/mentally incapable of self-care.
- Limit Per Adoption: $5,000 per child
  (Maximum reimbursement benefit for a single child adoption is $5,000, regardless if both parents work for UC.)
- Plan reimburses up to two adoptions per employee, with a maximum up to $10,000.

Please visit UCnet for more information.

WEX Flexible Spending Account Participants

FSA participants: Your 2020 plan balances may be inaccurate in the WEX system. This is because the build-out of the 2020 plan in WEX’s system is not yet complete. Participants should ignore their 2020 plan year balance information until WEX has completed importing all plan data from WageWorks. In addition, participants will receive an error if they attempt to submit a claim for 2020; claims must be held until after the “blackout period” has been lifted.
MetLife Auto, Home and Renters Insurance – Now Farmers

As of April 7, 2021 Farmers has officially acquired MetLife Auto & Home. This change is an exciting opportunity as Farmers has a vast experience in managing affinity programs.

Our current UC partnership will continue to be honored and serviced without interruptions. Policies for existing UC customers will remain unchanged (other than rebranding).

Visit the Farmers Website FAQs for more information.

Health Care Facilitator – Virtual Help Desk

The Health Care Facilitator (HCF) Virtual Help Desk is for active and retired faculty and staff with questions on their UC health and welfare benefits. This is not a presentation – it is your opportunity to ask questions about your benefits via Zoom. (No registration required)

Upcoming Help Desk sessions will be held:

- **July 8**: 09:00 a.m. - 10:00 a.m.
- **July 22**: 09:00 a.m. - 10:00 a.m.
- **August 12**: 09:00 a.m. - 10:00 a.m.
- **August 26**: 09:00 a.m. - 10:00 a.m.

The HFC team will also host a Retirement Presentation (“Health Insurance After your Retire”) on **July 21** and **August 18**, 11:00 a.m. - 12:00 p.m.

This presentation will explain UC’s retiree health & welfare benefits; which benefits can continue into retirement; retiree health eligibility, the cost of retiree health benefits, and Medicare requirements. Resources will also be provided for those who do not qualify for UC’s retiree health and welfare benefits.

**ZOOM links will be posted on Blink - Mark your calendars!**
# Benefits and Retirement Sessions

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Topics</th>
<th>Register</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 July – 09:00 a.m. – 10:00 a.m.</td>
<td>Getting Started in the UC Retirement Savings Program</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>8 July – 01:00 p.m. – 2:00 p.m.</td>
<td>The UC Retirement Choice Program</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>12 July – 10:30 a.m. – 12:30 p.m.</td>
<td>New Hire Benefits Orientation</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>12 July – 11:00 a.m. – 12:00 p.m.</td>
<td>Identity and Prioritize your Savings Goals</td>
<td><a href="#">Register</a></td>
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<tr>
<td>13 July – 10:00 a.m. – 11:00 a.m.</td>
<td>Basics of When and How to Claim Social Security</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>13 July – 12:00 p.m. – 01:00 p.m.</td>
<td>Create a Budget, Ditch your Debt and Start Building for the Future</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>14 July – 11:30 p.m. – 01:00 p.m.</td>
<td>Long-Term Care and Other Plans</td>
<td><a href="#">Register</a></td>
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<tr>
<td>20 July – 10:00 a.m. – 11:00 a.m.</td>
<td>Basics of When and How to Claim Social Security</td>
<td><a href="#">Register</a></td>
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<tr>
<td>21 July – 10:00 a.m. – 11:00 a.m.</td>
<td>The UC Retirement Choice Program</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>22 July – 10:00 a.m. – 11:00 a.m.</td>
<td>Basics of When and How to Claim Social Security</td>
<td><a href="#">Register</a></td>
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<tr>
<td>22 July – 12:00 p.m. – 01:00 p.m.</td>
<td>Guide to Investing in the UC Retirement Savings Program</td>
<td><a href="#">Register</a></td>
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<tr>
<td>25 July – 11:30 a.m. – 01:00 p.m.</td>
<td>Long-Term Care and Other Plans</td>
<td><a href="#">Register</a></td>
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<tr>
<td>26 July – 10:30 a.m. – 12:30 p.m.</td>
<td>New Hire Benefits Orientation</td>
<td><a href="#">Register</a></td>
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<tr>
<td>27 July – 10:00 a.m. – 11:00 a.m.</td>
<td>Your UC Retirement System</td>
<td><a href="#">Register</a></td>
</tr>
<tr>
<td>27 July – 02:00 p.m. – 03:00 p.m.</td>
<td>Make the Most of the UC Retirement Savings Programs</td>
<td><a href="#">Register</a></td>
</tr>
</tbody>
</table>

Contact Benefits: Phone 858-534-2816 Fax 858-534-9690  
https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html  
If the links do not work for you, try to copy and paste into your browser or try using a different browser.
## BENEFITS eNEWSLETTER

A Quarterly Newsletter brought to you by UC San Diego Campus Human Resources

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<th>Date</th>
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<tr>
<td>28 July</td>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>Basics of When and How to Claim Social Security</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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<tr>
<td>28 July</td>
<td>12:00 p.m. – 01:00 p.m.</td>
<td>Tax Efficient Investing</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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<tr>
<td>29 July</td>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>Fundamentals of Retirement Income Planning</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
</tr>
<tr>
<td>9 August</td>
<td>10:30 a.m. – 12:30 p.m.</td>
<td>New Hire Benefits Orientation</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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<tr>
<td>10 August</td>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>Basics of When and How to Claim Social Security</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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<tr>
<td>19 August</td>
<td>11:30 p.m. – 12:30 p.m.</td>
<td>Making the Most of Social Security</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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<td>23 August</td>
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<tr>
<td>8 Sept.</td>
<td>11:30 a.m. – 01:00 p.m.</td>
<td>Will, Trusts, and How to Cover your Assets</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
</tr>
<tr>
<td>16 Sept.</td>
<td>11:30 a.m. – 12:30 p.m.</td>
<td>Preparing for Retirement</td>
<td>Link <a href="https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html">Register</a></td>
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</table>

Additional classes are available on [Fidelity’s website](https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html).

Contact Benefits: Phone 858-534-2816 Fax 858-534-9690 [https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html](https://blink.ucsd.edu/sponsor/hr/divisions-units/benefits.html)

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