Founded in 2005, Perlman Clinic offers Primary Care & Urgent Care throughout San Diego. Highlights include:

• Team of over 60 providers specializing in Family, Internal, Holistic, Integrative and Geriatric medicine
• Longer appointments than industry average, giving patients more time with their doctor
• Lots of accessibility, with same or next day appointments and extended open hours (including Saturdays and Sundays)
• Leading patient technology, enabling online appointment scheduling, MyChart patient portal, and PocketDoc video visits
• High patient satisfaction scores and short wait times

Perlman Clinic has a strong relationship with UCSD, caring for 100s of its employees and sharing the same Electronic Medical Record system in Epic

• There are no membership fees, meaning UCSD employees and their families can go to Perlman Clinic at no additional cost beyond customary insurance copays
• Perlman Clinic and UCSD are on the same instance of Epic, allowing for easy information sharing between both organizations
• Specialty Referrals can be placed to UCSD or outside UCSD, depending on patient and provider preferences

Both PPO and HMO plans offered by UCSD give you access to any Perlman Clinic location and to see any Perlman Clinic provider

• For HMO patients, simply select “Monica Perlman Clinic” or any PCP who works at Perlman Clinic
• For PPO patients, nothing else is required for full access
• If you have any further questions, please email info@perlmanclinic.com or call 858.554.1212

1) Survey includes 1,399 responses from a 2018 patient satisfaction survey.