

Why should I recycle?

The average American generates 4.5 pounds of waste daily. Instead of throwing paper and containers in the trash, recycle them in single-stream receptacles conveniently located throughout campus. These guidelines will help you recycle more and waste less.

What's recyclable?

- Mixed paper:
 - White writing paper and stationery
 - Tablet paper and tablet cardboard
 - White and colored paper
 - Computer paper (green and blue bar)
 - Colored triplicate forms
 - Post-Its
 - Paper wrappers
 - Magazines
 - Newspaper
 - Blueprint paper
 - All envelopes
 - Junk mail
 - Telephone books
 - Paperback books
 - Manila folders
 - Boxboard (e.g., cracker or cereal boxes)
 - Corrugated cardboard
- Aluminum (cans and clean foil)
- Beverage and food containers (glass, steel and tin)
- Plastic bottles or rigid containers with a #1–7 recycling symbol on the bottom
- Aerosol cans with no remaining propellant
- Block Styrofoam

NOTE: All these materials can be placed in any campus recycling receptacle.

What's not recyclable?

- Carbon paper
- Wax and plastic-coated papers
- Tissue and paper towels
- Paper or containers soiled by food or organic waste
- Plastic film (shrink wrap, plastic bags, trash liners, etc.)
- Styrofoam packing peanuts, food clamshells, plates, cups, etc.

For more information, visit recycle.ucsd.edu.

UC San Diego Single-Bin Recycling

Single-stream collection simplifies recycling because all recyclable materials can be mixed together in any campus recycling container. Follow these steps when recycling:

- Keep recycling containers free of trash.
- Empty containers before recycling them.
- Ensure paper is dry and free of food, dirt, oil and other debris.
- Remove metal, plastic bindings, rubber bands and plastic bags. (Staples do not need to be removed.)
- Remove lids from glass containers and flatten cans and plastic bottles.
- Before purging files or recycling large quantities of paper or beverage containers, contact the Facilities Management Customer Service Desk, (858) 534-2930, at least 48 hours in advance to obtain a large temporary recycling container.

Trash and recycling bins in offices are emptied once a week. Larger trash and recycling bins in public areas are emptied daily.

To report overflowing bins, Dumpsters or recycling containers, please call (858) 534-2930.

What else can I do to reduce waste?

Waste minimization reduces the amount of trash before it's generated. Implement at least one item on this list and start reducing waste today!

- Send e-mail messages instead of letters and memos whenever possible.
- Use both sides of a piece of paper.
- Use your personal recycling container as a source for scratch paper.
- Reuse envelopes, boxes and other items whenever possible.
- Don't use disposable items. Bring reusable mugs, plates and utensils to work and keep a few extra reusable mugs around for meetings.
- Use post-consumer recycled paper whenever possible. If you're not buying recycled, you're not recycling. If you are ordering supplies, ask for recycled-content products, such as file folders, envelopes and other recycled paper products.

